

Simple Tips On Dressing To Flatter Your Body Type

The first step to dressing to flatter your body type is to know what your body type is. There are several different body types, and each one has its own unique set of flattering clothing options.

Here are the most common body types:

- **Hourglass:** Hourglass figures have a defined waist and a bust and hips that are roughly the same size.
- **Pear-shaped:** Pear-shaped figures have a wider bottom than top. They typically have a smaller bust and waist, and their hips and thighs are wider.
- **Apple-shaped:** Apple-shaped figures have a larger stomach than bust or hips. They typically have a wider waist and a fuller chest.
- **Rectangle:** Rectangle figures have a straight up and down shape. They typically have a waist that is not as defined as other body types.
- **Inverted triangle:** Inverted triangle figures have a wider top than bottom. They typically have a larger bust and shoulders, and their hips and thighs are narrower.

Once you know your body type, you can start to choose clothing that will flatter your figure.

Your Body, Your Style: Simple Tips on Dressing to Flatter Your Body Type by Rani St. Pucchi



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Now that you know your body type, you can start to dress in a way that flatters it. Here are some tips for dressing for each body type:

Hourglass: Hourglass figures should emphasize their waist. They can do this by wearing fitted clothing that cinches in at the waist. They should also avoid wearing clothing that is too baggy or too loose, as this will hide their curves.

Pear-shaped: Pear-shaped figures should balance their hips and shoulders. They can do this by wearing A-line dresses or skirts, which will flare out at the bottom and create the illusion of a wider top. They should also avoid wearing clothing that is too tight in the hips, as this will accentuate their bottom half.

Apple-shaped: Apple-shaped figures should minimize their stomach. They can do this by wearing loose-fitting clothing that falls below the waist. They should also avoid wearing clothing that is too tight in the stomach, as this will accentuate their belly.

Rectangle: Rectangle figures should create curves. They can do this by wearing clothing that has ruffles, pleats, or gathers. They should also avoid wearing clothing that is too straight up and down, as this will make them look boxy.

Inverted triangle: Inverted triangle figures should balance their shoulders. They can do this by wearing V-neck tops and dresses, which will draw the eye downward. They should also avoid wearing clothing that has wide shoulders, as this will make them look even wider.

The fabric of your clothing can also affect how it flatters your body type. For example, clingy fabrics will accentuate your curves, while loose fabrics will hide them.

Here are some tips for choosing the right fabrics for your body type:

- **Hourglass:** Hourglass figures can wear both clingy and loose fabrics. However, they should avoid fabrics that are too sheer or too stiff, as these fabrics will either hide their curves or make them look bulky.
- **Pear-shaped:** Pear-shaped figures should avoid clingy fabrics, as these fabrics will accentuate their hips and thighs. They should instead opt for loose, flowing fabrics that will balance their figure.
- **Apple-shaped:** Apple-shaped figures should avoid fabrics that are too clingy or too loose. They should instead opt for fabrics that are semi-fitted and will skim over their stomach.
- **Rectangle:** Rectangle figures can wear both clingy and loose fabrics. However, they should avoid fabrics that are too stiff or too sheer, as these fabrics will either make them look boxy or too revealing.

- **Inverted triangle:** Inverted triangle figures should avoid fabrics that are too clingy or too loose. They should instead opt for fabrics that are semi-fitted and will balance their shoulders.

Accessories can be a great way to add some extra flair to your outfit. However, it's important to choose accessories that will flatter your body type.

Here are some tips for accessorizing for your body type:

- **Hourglass:** Hourglass figures can wear belts to cinch in their waist and create a more defined silhouette. They can also wear necklaces and earrings that draw attention to their bust and hips.
- **Pear-shaped:** Pear-shaped figures can wear necklaces and earrings that draw attention to their face and shoulders. They can also wear belts that are worn low on the hips, to create the illusion of a wider top.
- **Apple-shaped:** Apple-shaped figures can wear necklaces and earrings that draw attention to their face. They can also wear scarves and shawls that cover their stomach.
- **Rectangle:** Rectangle figures can wear belts to create a waistline. They can also wear necklaces and earrings that draw attention to their face and shoulders.
- **Inverted triangle:** Inverted triangle figures can wear necklaces and earrings that draw attention to their face. They can also wear scarves and shawls that cover their shoulders.

The best way to find out what looks good on you is to experiment with different styles and outfits. Don't be afraid to try new things, and don't be

afraid to ask for help from a friend or stylist.

With a little bit of effort, you can find the perfect outfits that will flatter your body type and make you look your best.

Dressing to flatter your body type can be a challenge, but it's definitely possible with the right tips and tricks. By following the advice in this article, you can learn how to dress in a way that will accentuate your best features and minimize your flaws. So what are you waiting for? Start experimenting today and see how good you can look!



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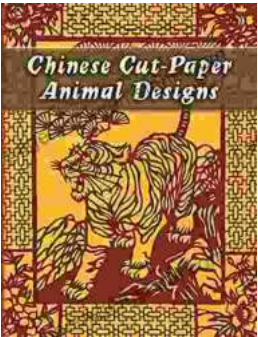
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