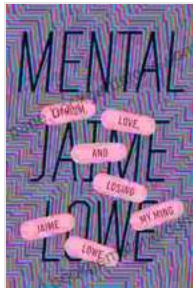


Mental Lithium Love: When Love Drives You Mad

Love is a powerful emotion that can make us feel happy, euphoric, and fulfilled. But what happens when love becomes obsessive, possessive, and all-consuming? This is the story of Mental Lithium Love, a memoir by a woman who struggled with a debilitating mental illness triggered by her relationship.

The author, who remains anonymous, met her husband when she was in her early 20s. They fell in love quickly and deeply, and within a year they were married. But their relationship was far from perfect. The author's husband was possessive and controlling, and he often made her feel like she was going crazy.



Mental: Lithium, Love, and Losing My Mind by Jaime Lowe

★★★★☆ 4.4 out of 5

Language	: English
File size	: 55426 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 317 pages



As the author's mental health deteriorated, she began to experience hallucinations and delusions. She believed that her husband was trying to

poison her, and she even attempted suicide. Eventually, she was diagnosed with bipolar disorder and hospitalized for treatment.

Mental Lithium Love is a raw and honest account of the author's struggle with mental illness and the impact it had on her relationship. It is a story of love, loss, and redemption. The author's journey is a testament to the power of the human spirit and the importance of seeking help when you are struggling with mental illness.

The Dangers of Obsessive Love

Obsessive love is a type of love that is characterized by intense and uncontrollable thoughts and feelings about another person. People who experience obsessive love may feel like they can't live without the object of their affection, and they may become preoccupied with thoughts of them.

Obsessive love can be dangerous because it can lead to stalking, violence, and even murder. In some cases, obsessive love can also trigger mental illness, as it did in the case of the author of *Mental Lithium Love*.

If you are experiencing obsessive love, it is important to seek help from a mental health professional. Therapy can help you to understand the underlying causes of your obsessive thoughts and feelings, and it can help you to develop coping mechanisms.

The Importance of Seeking Help

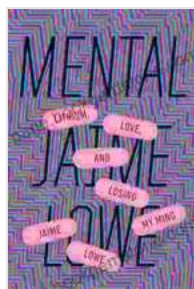
If you are struggling with mental illness, it is important to seek help from a mental health professional. Therapy can help you to understand your symptoms, develop coping mechanisms, and manage your illness.

There are many different types of therapy available, so it is important to find a therapist who you feel comfortable with and who can meet your needs. If you are not sure where to start, you can ask your doctor for a referral, or you can search for therapists in your area online.

Mental illness is a treatable condition, and with the right treatment, you can live a full and happy life.

Mental Lithium Love is a powerful and moving memoir that sheds light on the dangers of obsessive love and the importance of seeking help for mental illness. The author's journey is a testament to the power of the human spirit and the importance of never giving up on hope.

If you are struggling with mental illness, please know that you are not alone. There is help available, and you can recover.

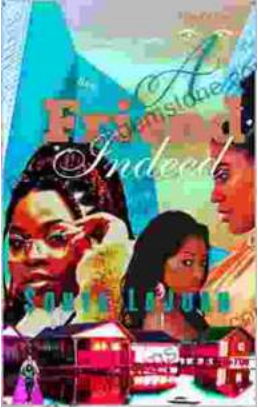


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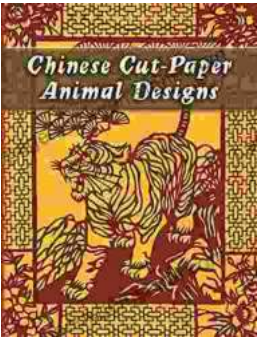
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