# Markets of Provence: Food, Antiques, Crafts and More

The markets of Provence are a vibrant and colorful part of the region's culture. They offer a wide variety of goods, from fresh produce to antiques to handmade crafts. Visitors can find everything they need for a delicious meal, a unique souvenir, or a special gift.

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by Marjorie R. Williams

★★★★★ 4.7	out of 5
Language	: English
File size	: 46188 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting : Enabled	
Word Wise	: Enabled
Print length	: 371 pages



#### Food Markets

The food markets of Provence are a must-visit for any foodie. They offer a wide variety of fresh produce, including fruits, vegetables, herbs, and cheeses. Visitors can also find a variety of prepared foods, such as pastries, sandwiches, and salads.

One of the most popular food markets in Provence is the Marché des Capucins in Marseille. This market is held every Saturday and offers a wide variety of fresh produce, seafood, and prepared foods. Visitors can also find a variety of antiques and handmade crafts at this market.

Another popular food market in Provence is the Marché de la Place aux Herbes in Aix-en-Provence. This market is held every Tuesday and Saturday and offers a wide variety of fresh produce, herbs, and spices. Visitors can also find a variety of prepared foods, such as pastries, sandwiches, and salads.

#### **Antique Markets**

The antique markets of Provence are a great place to find unique and oneof-a-kind items. Visitors can find everything from furniture to jewelry to paintings. Many of the items for sale at antique markets in Provence are from the 18th and 19th centuries.

One of the most popular antique markets in Provence is the Brocante de L'Isle-sur-la-Sorgue. This market is held every Sunday and offers a wide variety of antiques and collectibles. Visitors can also find a variety of food and drink stalls at this market.

Another popular antique market in Provence is the Brocante de Valbonne. This market is held every Saturday and offers a wide variety of antiques and collectibles. Visitors can also find a variety of food and drink stalls at this market.

#### **Craft Markets**

The craft markets of Provence are a great place to find unique and handmade items. Visitors can find everything from pottery to jewelry to

clothing. Many of the items for sale at craft markets in Provence are made by local artisans.

One of the most popular craft markets in Provence is the Marché des Potiers in Moustiers-Sainte-Marie. This market is held every Sunday and offers a wide variety of pottery and ceramics. Visitors can also find a variety of other handmade items at this market.

Another popular craft market in Provence is the Marché de la Création in Aix-en-Provence. This market is held every Saturday and offers a wide variety of handmade items, including jewelry, clothing, and pottery. Visitors can also find a variety of food and drink stalls at this market.

#### **Tips for Visiting Markets in Provence**

Here are a few tips for visiting markets in Provence:

- Arrive early to get the best selection of goods.
- Bring cash, as many vendors do not accept credit cards.
- Be prepared to bargain with vendors.
- Take your time to browse the different stalls.
- Enjoy the atmosphere and soak up the local culture.

The markets of Provence are a great way to experience the region's culture and find unique and one-of-a-kind items. Whether you're looking for fresh produce, antiques, or handmade crafts, you're sure to find it at one of the many markets in Provence.

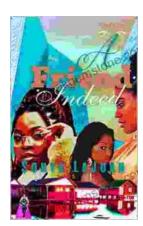
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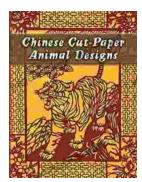
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