

# An Immigrant Guide to Disappointing Your Parents



As an immigrant, you've probably experienced your fair share of expectations from your parents. They want you to be successful, to make them proud, and to follow in their footsteps. But what if you don't want to do any of those things? What if you have your own dreams and ambitions that don't align with theirs?

## **How to American: An Immigrant's Guide to Disappointing Your Parents** by Jimmy O. Yang

★★★★☆ 4.7 out of 5

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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 227 pages
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Don't worry, you're not alone. Many immigrants face the challenge of disappointing their parents at some point in their lives. It's a difficult experience, but it's also one that can be navigated with humor, grace, and understanding.

In this guide, we'll provide you with some tips and strategies for disappointing your parents in the most effective way possible. We'll also share some real-life examples of immigrants who have successfully disappointed their parents and lived to tell the tale.

## Tips for Disappointing Your Parents

- **Be honest with them.** The sooner you tell your parents about your plans, the sooner they can get used to the idea. Don't try to hide your true intentions or sugarcoat your words. Just be upfront and honest about what you want to do with your life.
- **Explain your reasons.** Don't just tell your parents what you're going to do, but also explain why you're doing it. Help them to understand your motivations and why you believe your path is the right one for you.
- **Be prepared for their disappointment.** No matter how well you explain your reasons, your parents are likely to be disappointed at first.

This is normal, and it's important to be patient and understanding. Give them time to process their emotions and come to terms with your decision.

- **Don't give up on your dreams.** Just because your parents are disappointed doesn't mean you should give up on your dreams. If you believe in yourself and your path, then stick with it. Prove to your parents that you're capable of making your own choices and living a successful life.

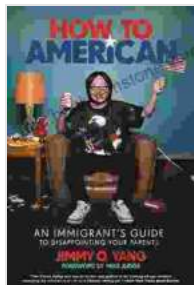
## **Real-Life Examples of Immigrants Who Disappointed Their Parents**

Here are a few real-life examples of immigrants who have successfully disappointed their parents and lived to tell the tale:

- **Usha Iyer**, a first-generation Indian-American, disappointed her parents by pursuing a career in stand-up comedy instead of becoming a doctor or lawyer.
- **Riz Ahmed**, a British-Pakistani actor, disappointed his parents by pursuing a career in acting instead of becoming a doctor or lawyer.
- **Michelle Yeoh**, a Malaysian-Chinese actress, disappointed her parents by pursuing a career in acting instead of becoming a doctor or lawyer.

These are just a few examples of the many immigrants who have disappointed their parents and gone on to live successful and fulfilling lives. If you're an immigrant who is struggling with the expectations of your parents, know that you're not alone. There are others who have been in your shoes and have come out on top.

So don't be afraid to disappoint your parents. If you have your own dreams and ambitions, pursue them with all your heart. Prove to your parents that you're capable of making your own choices and living a successful life.



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